

2017 NJCAA Region I Cross Country Championships

Oct. 28, 2017 @ 9:00am & 9:45am

Host School: Mesa Community College

Course Location & Race Site: Shalimar Golf Course; 2032 E Golf Ave, Tempe, AZ 85282; Corner of Southern Ave and Country Club Way (just west of Loop 101)

Date: Saturday, October 28, 2017

Race Times: Men's 8K, 9:00 AM (8:50 report to box check in with Clerk of Course)

Women's 5K, 9:45 AM (9:35 report to box check in with Clerk of Course)

Box Assignments: Team box assignments will be assigned by random draw. Assignments will be in your packet.

Course Description: The course is a repeating loop (men: 3 big loops, plus one "small horseshoe" loop) (women: 2 big loops); Grass (90%), (dead/dry grass), cart path and some dirt path

Course Markings: Chalk Lines, Flags and Cones will be used for straightaways and turns. Golf cart or Lead Bike

Team Area: The team area will be located on the open area of the driving range. Make sure your athletes clean up after themselves before you leave.

Starting/Finish Line: The starting line will be just west of the driving range (camp area), with a long straightaway before the first right turn; Finish line area will be just east of the starting line/Driving range area.

Awards: 10:30am After Women's race; near the finish line.

Athletic Trainer: Certified Athletic Trainers will be available near the finish line approximately 1 hour prior to the start of the first race. (Athletic Trainer will be set up at the Finish Area)

Entry Procedure: Please enter by sending roster to Fred Moore.

