

2018 NJCAA Region I Cross Country Championships

Monday October, 29th 2018

Host: Paradise Valley Community College
Contact: David Barney (480) 577-1709

Timing: Wingfoot Finish will provide chip timing

Course Location: Freestone Park, 1045 E Juniper Ave, Gilbert, AZ 85234

Race Times: Women's 5K, 9:00 AM (8:50 report to box check in with Clerk of Course)
Men's 8K, 9:45 AM (9:35 report to box check in with Clerk of Course)

Box Assignments: Team box assignments will be assigned by random draw.
Assignments will be on your packet.

Course Description: The course will consist of grass and packed dirt path. There will be occasional street/sidewalk crossings. The course will be marked with chalk lines, flags and cones.

Starting/Finish Line: The start and finish lines will be near the lower soccer field.

Awards: Team and individual awards will begin at 10:30 a.m. (near the finish line).

Athletic Trainer: A Certified Athletic Trainer will be available near the finish line approximately 1 hour prior to the start of the first race. Water will be located at the finish area.

Entry Procedure: Please enter using wingfootfinish.com
ONLY ENTER SEVEN ATHLETES PER GENDER. Substitutions will be available prior to the start of the first race.

Registration closes on Friday, October 26th at NOON. (Not Mid-night)

Please encourage your athletes to clean up after themselves before you leave.