



MESA Indoor & Multi

Tentative Meet Schedule

Friday, February 8th & Saturday February 9th, 2019

Friday, February 8th, 2019

Multi-events: Day One

Women start at 1:00pm

Men start at 1:20pm

(Minimum # of entries required)

Saturday, February 9th, 2019

Running Events:

9:15am	M	Heptathlon 60M Hurdles
10:00	M/W*	60m Hurdles Prelims (*Men first in this event only)
10:20	W/M	60m Dash Prelims
10:35	W/M	Mile Run
10:50	W/M	600m Run
11:10	W/M	60m Hurdles Final
11:25	W/M	60m Dash Final
11:35	W/M	400m Run
11:55	W/M	800m Run
12:10pm	W/M	200m Run
12:30	W/M	1000m Run
12:45	W/M	3000m Run
1:10	W/M	4 X 400m Run

Multi-event Pole Vault will be held during open vault at 10:00am

Multi-event 1000m Run will be inserted into the meet when appropriate

Field Events:

10:00am	M	Weight Throw
10:00am	W	Shot Put
10:00am	M	Pole Vault (Women will follow)
10:00am	W/M	Long Jump
10:00am	W	High Jump (Men will follow)
11:30am	W/M	Triple Jump
11:30am	W	Weight Throw
11:30am	M	Shot Put

Entry Process:

Individuals and teams can enter through Direct Athletics via the following link:

<https://www.directathletics.com>

Entries will close Thursday February 7th, 2019 at 11:59 PM MST

Entry Fees:

Unattached - \$25.00 per Individual

Teams - \$200 per gender