



TRACK & FIELD

Mesa Outdoor Track & Field Invitational #1

Meet Schedule | Information

MCCCD COVID-19 Guidelines Enforced (see page 2)

Mesa Community College

John D. Riggs Stadium

Saturday, March 6, 2021

Event Schedule:

Running Events (men will follow the women)

9:30 am	W and M 5000m Run (combined event)
10:00 am	W/M 4 X 100m Relay
10:15 am	W/M 1500m Run
10:35 am	W 100m Hurdles
10:55 am	M 110m Hurdles
11:10 am	W/M 400m Dash
11:30 am	W/M 100m Dash
11:50 am	W/M 800m Run
12:25 pm	W/M 400m Hurdles
12:55 pm	W/M 200m Dash
1:10 pm	W/M 4 X 400m Relay

Field Events (men will follow the women)

9:30 am	W/M Hammer Throw
9:45 am	W/M Long Jump
10:00 am	W/M Pole Vault
10:30 am	W/M Shot Put
10:45 am	W/M Javelin Throw
10:45 am	W/M Triple Jump
11:00 am	W/M High Jump
11:45 am	W/M Discus Throw

Meet Entry/Fees: Individuals and teams enter through Direct Athletics via the web link below:

<https://www.directathletics.com>

Entries will close on Thursday, March 4, 2021 at 11:59pm MST. Fees are \$200.00 per team, per gender and \$25.00 per unattached individual athlete.

Athletic Trainer: MCC will have an Athletic Trainer available under the canopy on south end of track.

Time Schedule: We will stay on time with the event schedule.

Timing/Results: All timing will be done electronically by *Wingfoot Finish*. Live results can be found at: live.wingfootfinish.com. Results will also be posted on DirectAthletics.com and TFRRS.org websites after the conclusion of the meet.

Coaches,

Please help us comply with MCCC COVID-19 policy and procedures properly by reviewing and adhering to the following information:

- Athletes must wear face masks in team camp areas, when going to the restroom, when visiting the athletic trainer, and at any time where they are not physically moving as part of their warm-up, competition, or cool-down.
- Coaches and Officials are required to wear masks at all times.
- Please have your athletes bring their own water bottles. Disposable cups will be provided but should be disposed after one-time use. Grab a new cup for a refill.
- All athletes must be COVID-19 screened (using ACCAC COVID-19 screening protocols) prior to, or upon arrival at Mesa Community College.
- Absolutely **NO SPECTATORS** will be allowed.

Please note the map below indicating designated team camp areas (**blue**) and athletic training area (**red**). Bleacher areas can also be used as designated team camp areas:

