

# Chapman Pima Aztec Invitational



Saturday, March 13<sup>th</sup>, 2021

## **Meet Info:**

The Pima Aztec Track and Field Invitational will be run on Saturday, Saturday, March 13<sup>th</sup>, 2021 from 9:00 AM to 2:00 PM.

## **Meet entries are being accepted at [www.directathletics.com](http://www.directathletics.com)**

Meet entries close on Thursday, March 11<sup>th</sup> at 12:00 Noon. Any changes to the meet entries after the 11<sup>th</sup> must be approved by Head Coach Chad Harrison.

## **Entry Fees:**

Teams - \$150.00 / team / gender

## **Timing:**

All timing will be done electronically (Wingfootfinish.com), with back-up hand timing.

## **Entry list and Heat Sheets:**

Please email Chad Harrison [harrisond.chad@gmail.com](mailto:harrisond.chad@gmail.com)

## **Results:**

Results will be posted on Direct Athletics as well as on the Region I website.

## **Number of jumps/throws:**

Athletes in the horizontal jumps and throwing events will each receive a minimum of three jumps. The top nine athletes after the first three rounds will move on to the finals for an additional three attempts.

## **Athletic Trainer:**

Pima Community College will have an Athletic Trainer on site, however we ask that if your athletes need taping that they bring their own supplies.

## **Time Schedule:**

We will try to stay on schedule but, may see some minor delays. **I will send an updated schedule after seeing entries.**

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Running Events (men will follow the women)

10:00 3000 Meter SC: Women  
10:20 3000 Meter SC: Men  
10:40 400 Meter Relay: Women  
10:45 400 Meter Relay: Men  
10:50 1500 meter: Women  
11:00 1500 meter: Men  
11:10 400 meter: Women  
11:15 400 meter: Men  
11:30 100 Meter Hurdles: Women  
11:40 110 Meter Hurdles: Men  
11:45 100 Meter: Women  
11:50 100 Meter: Men  
11:55 800 Meter: Women  
12:05 800 Meter: Men  
12:15 400 Meter Intermediate Hurdles: Women  
12:25 400 Meter Intermediate Hurdles: Men  
12:35 200 Meter: Women  
12:40 200 Meter: Men  
12:45 5000 Meter: Women  
1:05 5000 Meter: Men  
1:25 1600 Meter Relay: Women  
1:35 1600 Meter Relay: Men

Field Events (men will follow the women)

## **Throws**

9 am Javelin Throw W/M (Combined) **(LJ to Immediately Follow)**  
9 am Hammer Throw W/M  
10:45 am Shot Put W/M  
12:30 PM Discus Throw W/M

## **Jumps**

1030 a.m-12:30 am Long Jump Combined Men and Women - Open pit (6 jumps)  
12:45p.m -1:45 P.M Triple Jump Combined Men and Women - Open pit (6 jumps)  
9:30 am W/M High Jump

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## **Vertical Jumps Height Progressions:**

### **High Jump:**

Men's progression

1.73- 1.78- 1.83 - 1.88- 1.93 - 1.98 -2.03/6'7.92 -**2.08** -2.13

Women's progression

1.38 1.43 - 1.48-1.53- 1.58 - **1.63/5-4**, 1.68- 1.73- 1.78 - 1.83

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**BOLD** signifies NJCAA Indoor Championships qualifying mark.

## COVID PROTOCOLS

Please help us comply with PCC COVID-19 policy and procedures properly by reviewing and adhering to the following information:

- Athletes must wear face masks in team camp areas, when going to the restroom, when visiting the athletic trainer, and at any time where they are not physically moving as part of their warm- up, competition, or cool-down.
- Coaches and Officials are required to wear masks at all times.
- Please have your athletes bring their own water bottles. Disposable cups will be provided but should be disposed after one-time use. Grab a new cup for a refill.
- All athletes must be COVID-19 screened (using ACCAC COVID-19 screening protocols) prior to, or upon arrival at Pima Community College.
- Absolutely NO SPECTATORS will be allowed
- Bathrooms are located by "X"- Single OCCUPANCY

Camps: (The infield will be open after Javelin concludes)

Mesa- Northeast side of track by Pole vault runway (RED)

PV- Northwest side of track by Pole vault runway (navy)

Central- Northeast side of track by Pole Vault Runway (Green)

Pima- Ramadas/ Southwest Area by LJ runway/

Glendale-Black by LJ runway (Black)

Phoenix College- Yellow Southwest By LJ runway

Trainers- Purple

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