

# ***Cody McBride Invitational Track & Field Meet***

*Thursday/Saturday, March 25<sup>th</sup>- 27<sup>th</sup>, 2021*



**Meet Info:** Paradise Valley Community College will host the *Sixteenth Annual Cody McBride/Distance In the Dark Invitational* track and field meet on Thursday, and Saturday, March 25<sup>th</sup>, and 27<sup>th</sup>, 2021! This meet will include a Thursday evening “*Distance in the Dark*” session at Mesa Community College, with the remainder of the open events, on Saturday, at the Paradise Valley Community College Track and Field Facility.

**Meet entry:** All athletes should be entered through **DirectAthletics** at **directathletics.com**. Meet entry will close Wednesday, March 24<sup>th</sup>, 2021, at 11:59 P.M. Any changes to meet entries after March 24<sup>th</sup>, must be approved by Coach David Barney.

**Entry Fees:** Individuals- \$25.00 per athlete  
Teams-\$200.00 per team, per gender

**Timing:** All timing will be done electronically by *Wingfoot Finish* Timing.

**Entry List and Heat Sheets:** We will post meet entries and heat sheets by Friday (3/26/21) at: [live.wingfootfinish.com](http://live.wingfootfinish.com):

**Results:** Live results may be found at: [live.wingfootfinish.com/](http://live.wingfootfinish.com/)  
Final results will be posted on [directathletics.com](http://directathletics.com), [TFRRS.org](http://TFRRS.org), and the Region I website.

**Time Schedule:** We will stay on time with the event schedule

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## ***-Distance In the Dark- Distance Carnival***

*Thursday, March 25<sup>th</sup>, 2021*

*Thursday night's "Distance In the Dark" distance races will be run at Mesa Community College!*

### ***Distance In the Dark:***

7:30 PM 1500m (W)

7:45 PM 1500m (M)

8:05 PM 5000m (W)

8:35 PM 5000m (M)

9:05 PM 10000m (W/M- Combined)

# *Cody McBride Invitational*

## *Track & Field Meet*



*Thursday/Saturday, March 25<sup>th</sup> - 27<sup>th</sup>, 2021*

### **Saturday, March 27<sup>th</sup>, 2021**

#### **Field Events:**

- 9:00 AM HAMMER (Women followed by Men)
- 9:00 AM JAVELIN (Men followed by Women)
- 9:00 AM POLE VAULT (Women followed by Men)
- 10:00 AM LONG JUMP (Women followed by Men)
- 11:00 AM HIGH JUMP (Women followed by Men)
- 11:00 AM SHOT PUT (Women followed by Men)
- 11:00 AM DISCUS (Men followed by Women)
- 11:30 AM TRIPLE JUMP (Women followed by Men)

### **Saturday, March 27<sup>th</sup>, 2021**

#### **Track Events:**

- 9:00 AM 4X100 RELAY (M)
- 9:05 AM 4X100 RELAY (W)
- 9:20 AM 100 HURDLES (M)
- 9:35 AM 110 HURDLES (W)
- 10:50 AM 3000m STEEPLECHASE (M)
- 11:10 AM 3000m STEEPLECHASE (W)
- 11:30 AM 400 (M)
- 11:40 AM 400 (W)
- 11:50 AM 100 (M)
- 12:00 PM 100 (W)
- 12:05 PM 800 (M)
- 12:15 PM 800 (W)
- 12:25 PM 400 HURDLES (M)
- 12:35 PM 400 HURDLES (W)
- 12:45 PM 200 (M)
- 12:55 PM 200 (W)
- 1:00 PM 4X400 RELAY (M)
- 1:05 PM 4X400 RELAY (W)