

**ACCAC Track & Field Championships  
Central Arizona College  
Coolidge, Arizona - 4/2/2022**

**Session: 1 Field Events  
Day 1 - Saturday 4/2/2022 - Starts at 10:00 AM**

Starts at	Event	Round
10:00 AM	#35 Women Javelin Throw	Finals
10:00 AM	#36 Men Javelin Throw	Finals
10:00 AM	#34 Men Hammer Throw	Finals
10:30 AM	#27 Women Long Jump	Finals
10:30 AM	#28 Men Long Jump	Finals
<b>Note:</b> Open pit. Closes at 12:00 PM (must get a mark in the first 3 jumps to get 3 more)		
10:45 AM	#33 Women Hammer Throw	Finals
11:00 AM	#24 Men High Jump	Finals
11:00 AM	#25 Women Pole Vault	Finals
11:30 AM	#32 Men Discus Throw	Finals
12:00 PM	#23 Women High Jump	Finals
12:30 PM	#29 Women Triple Jump	Finals
12:30 PM	#30 Men Triple Jump	Finals
<b>Note:</b> Open pit. Closes at 2:00 PM (must get a mark in the first 3 jumps to get 3 more)		
12:30 PM	#26 Men Pole Vault	Finals
12:45 PM	#31 Women Discus Throw	Finals
1:00 PM	#38 Men Shot Put	Finals
1:45 PM	#37 Women Shot Put	Finals

**Session: 2 Running Events  
Day 1 - Saturday 4/2/2022 - Starts at 10:30 AM**

Starts at	Event	Round
10:30 AM	#17 Women 3000 Meter Steeplechase	Finals
10:45 AM	#18 Men 3000 Meter Steeplechase	Finals
11:00 AM	#19 Women 4x100 Meter Relay	Finals
11:05 AM	#20 Men 4x100 Meter Relay	Finals
11:10 AM	#9 Women 1500 Meter Run	Finals
11:20 AM	#10 Men 1500 Meter Run	Finals
11:30 AM	#5 Women 400 Meter Dash	Finals
11:35 AM	#6 Men 400 Meter Dash	Finals
11:45 AM	#13 Women 100 Meter Hurdles	Finals
11:55 AM	#14 Men 110 Meter Hurdles	Finals
12:05 PM	#1 Women 100 Meter Dash	Finals
12:10 PM	#2 Men 100 Meter Dash	Finals
12:20 PM	#7 Women 800 Meter Run	Finals
12:25 PM	#8 Men 800 Meter Run	Finals
12:35 PM	#15 Women 400 Meter Hurdles	Finals
12:45 PM	#16 Men 400 Meter Hurdles	Finals
12:55 PM	#3 Women 200 Meter Dash	Finals
1:00 PM	#4 Men 200 Meter Dash	Finals
1:10 PM	#11 Women 5000 Meter Run	Finals
1:35 PM	#12 Men 5000 Meter Run	Finals
1:55 PM	#21 Women 4x400 Meter Relay	Finals
2:00 PM	#22 Men 4x400 Meter Relay	Finals

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**Meet Entry/Fees:** Teams enter through DirectAthletics via the web link: [directathletics.com](http://directathletics.com) Entries will close on Thursday, March 31, 2022, at 11:59 pm MST. \$150.00 entry fee per gender/per team.

**Athletic Trainer:** CAC will have an Athletic Trainer available under the tent on the south end of the track.

**Time Schedule:** We will stay on time with the event schedules.

**Timing/Results:** All timing will be done electronically by *Wingfoot Finish*. Live results can be found at: [live.wingfootfinish.com](http://live.wingfootfinish.com). Results will also be posted on *Direct Athletics.com* and *TFRRS.org* websites after the meet's conclusion.