

ACCAC Track & Field Championships
Glendale Community College
Glendale, Arizona - 3/31/2023

Meet Entry/Fees:

Teams enter through DirectAthletics via the web link: directathletics.com

Entries will close on Wednesday, March 29th, 2023, at 11:59 pm MST. \$150.00 entry fee per gender/per team.

Athletic Trainer:

GCC will have an Athletic Trainer available under a tent on the "infield" at the south end of the track.

Time Schedule:

We will stay on time with the event schedules.

Timing/Results:

All timing will be done electronically by Wingfoot Finish. Live results can be found at: live.wingfootfinish.com.

After the meet's conclusion. Results will also be posted on;

Direct Athletics.com and TFRRS.org websites

Thank you so much.

Coach Brad Fields

Friday 3/31/2023 - ACCAC Track and Field Meet at Glendale Community College (**Matt O. Hanhila Field**)

ACCAC Meet Friday 3/31/2023 - Field Events Start at 2:00 PM

Field Events

- 2:00 PM Women Javelin Throw Finals
- 2:00 PM Men Javelin Throw Finals
- 2:00 PM Men Hammer Throw Finals
- 2:30 PM Women Long Jump Finals
- 2:30 PM Men Long Jump Finals
- 2:45 PM Women Hammer Throw Finals
- 3:00 PM Men High Jump Finals
- 3:00 PM Women Pole Vault Finals
- 3:30 PM Men Discus Throw Finals
- 4:00 PM Women Triple Jump Finals
- 4:00 PM Men Triple Jump Finals
- 4:00 PM Women High Jump Finals
- 4:30 PM Men Pole Vault Finals
- 4:45 PM Women Discus Throw Finals
- 5:00 PM Men Shot Put Finals
- 5:45 PM Women Shot Put Finals

ACCAC Meet Friday 3/31/2023 - Running Events Start at 3:30 PM

Running Events

- 3:30 PM Women 3000 Meter Steeplechase Finals
- 3:45 PM Men 3000 Meter Steeplechase Finals
- 4:00 PM Women 4x100 Meter Relay Finals
- 4:05 PM Men 4x100 Meter Relay Finals
- 4:10 PM Women 1500 Meter Run Finals
- 4:20 PM Men 1500 Meter Run Finals
- 4:30 PM Women 400 Meter Dash Finals
- 4:35 PM Men 400 Meter Dash Finals
- 4:45 PM Women 100 Meter Hurdles Finals
- 4:55 PM Men 110 Meter Hurdles Finals
- 5:05 PM Women 100 Meter Dash Finals
- 5:10 PM Men 100 Meter Dash Finals
- 5:20 PM Women 800 Meter Run Finals
- 5:25 PM Men 800 Meter Run Finals
- 5:35 PM Women 400 Meter Hurdles Finals
- 5:45 PM Men 400 Meter Hurdles Finals
- 5:55 PM Women 200 Meter Dash Finals
- 6:00 PM Men 200 Meter Dash Finals
- 6:10 PM Women 5000 Meter Run Finals
- 6:35 PM Men 5000 Meter Run Finals
- 6:55 PM Women 4x400 Meter Relay Finals
- 7:00 PM Men 4x400 Meter Relay Finals